



## Knight Light Newsletter

### GRAND KNIGHT'S MESSAGE

Brothers,  
First off, thank you for your help with the fireworks booth. We are still calculating the numbers, but I hear we did very well, possibly one of the top booths in the area. Josey, our Worthy Chancellor, along with Brother Knight Brandon Harker and his bride, Kathleen, organized this event and worked many the shifts. Thank you!  
I would like to take this time and encourage all brothers to attend our monthly Business Meeting. The usual meeting time is the first Tuesday of every month in the Fr. O'Hare Hall at 7 PM. Remember to please bring you current Membership Card and your rosary. We have started to pray a decade of the ro-

sary at each meeting. This is a wonderful gift that we have being Catholics and I plan to take full advantage. Please arrive on time to ensure you do not miss out! Next, I would like to thank Brother Stephen Michael for his past years as our Worthy Lecturer. He brought insight, encouragement, and humor to the close our meetings. Thank you Brother, I appreciate all that you have contributed!  
With that, I would like to welcome Brother Richard Goeken as our new Worthy Lecturer. Brother Richard is a devoted Catholic and I am confident he will provide wisdom for us all. Once again, please remember our mission of CHARITY, and participate in our events. Even if

you have been away for a while, you are welcome and I look forward to speaking with you. IN ADDITION, DON'T FORGET, BRING YOUR FAMILIES, we will have crafts, snacks, and fun for the little ones!

I look forward to this year and hope you will join me for the journey.  
Vivat Jesus!

**Larry Kjellberg,  
Grand Knight**

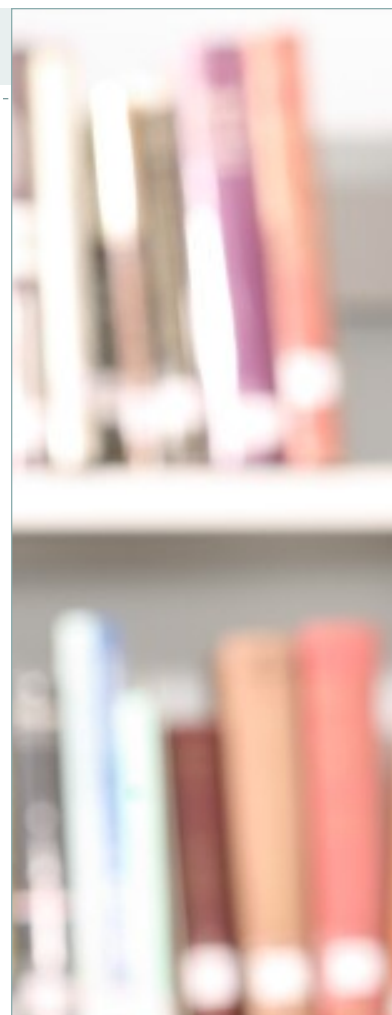


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### SPECIAL POINTS OF INTEREST

- The Business meeting will be on August 5th at 7 PM in the parish hall. Don't miss it and bring a brother Knight.



August 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 <b>Officers' Meeting, Vatican Council Room, St. JP2 Center</b>	7 <b>Business Meeting, 7 PM, Father O'Hare Hall</b>	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## AUGUST BIRTHDAYS AND ANNIVERSARIES

### Members' Birthdays

Victor S. Mayoral 8/1  
 Marc Serpa 8/1  
 Yuhanna Aboona 8/3  
 Tom Fedasz 8/3  
 Raul Jimenez 8/3  
 Thomas Morton 8/3  
 Raul Raya 8/3  
 Cameron Menezes 8/4  
 Thomas Washburn 8/6  
 John Gorman III 8/10  
 Dodge Hendee 8/10  
 William Slayter III 8/11  
 John Walsh 8/14  
 Ramon Ramirez 8/15  
 Donald Cavagnaro 8/17  
 Pino Scarpinati 8/17  
 Kent Marlett 8/19  
 Scott Nunes 8/19  
 Gregorio Scoto 8/19  
 Robert Poncini 8/21  
 Timothy Keating 8/22  
 Eddie Marmol 8/22  
 Joseph McDonald 8/22  
 Jaime Martinez 8/23  
 Gary Humphreys 8/26  
 Michael Vigil 8/26  
 Gabriel Salome 8/27

### Ladies' Birthdays

Karen Hough 8/4  
 Gloria Ortega 8/4  
 Grace DeCaro 8/6  
 Laura Harker 8/6  
 Mary Mullins 8/6  
 Joyce Volonte 8/8  
 Beka Wunschel 8/11  
 Betty Nunes 8/13  
 Kathy Reis 8/20  
 Rachel Marmol 8/22  
 Pam Dinubilo 8/23  
 Teresa Peterson 8/25  
 Kathy Glendon 8/27  
 Carrie Loschke 8/28  
 Colleen Hazy 8/29  
 Noemi Junqueiro 8/29

### Anniversaries

Richard & Joyce Volonte 8/2  
 Joel & Sherry Svendsen 8/4  
 Michael & Michele Nielsen 8/6  
 Roy & Debora McKenzie 8/7  
 Scott & Michelle Nunes 8/8  
 Jose & Jacqueline Nunez 8/8  
 Josey & Selvina Samson 8/9  
 Roger & Anne Missall 8/12  
 Alex & Cindy Trujillo 8/17  
 Adrian & Priscilla Pino 8/21  
 Norman & Nancy Andrews 8/23  
 David & Angie Castro 8/24  
 Stephen & Barbara Guzman 8/24  
 Timothy & Janice Keating 8/27  
 Alfonso & Judy Chavez 8/30  
 Kent & Laura Harker 8/31  
 Miguel & Glafira Villalobos 8/31



# FINANCIAL SECRETARY'S REPORT

## ***New Year's Resolution?***

You might be asking yourself – has he spent too much time in the member database? It's July, not January. But for the Knights, it is our "January" and the start of the new Columbian year (2018-2019). Our new officers were installed at the Kick-out and Awards dinner July 16.

Shortly, the new officers will gather to look at past results and put together a budget that will be introduced to members for discussion. It will represent what we "resolve" to do in the coming year. In a sense, we are making a collective resolution (s) as to what our council will accomplish. If you have ideas or want to be a part of that process, do not miss the August 7th business meeting!

August already? That can only mean one thing. The annual Parish Festival is just around the corner in early September.

Brother Knights, make plans now to help us out at our booth (and elsewhere in the festival). It is a fun weekend.

But this week, I am going back into my memories. It is County Fair time. It usually conjures up memories of the farm life as numerous displays of livestock and animals are on exhibit. In some cases, there may be some displays of stuff "as seen on TV". But mainly I go to indulge in what the food vendors have to offer. BBQ corn on the cob, dripping with butter (and for the life of me, I can no longer find fresh, not packaged) YELLOW corn on the cob in the stores. I used to be able to get it every week at the local farm stands; my wife would eat an ear of corn a day. Ah, I must be getting old and finicky. It is not too late to pay your dues for 2018! Visit the website [kofc10644.com](http://kofc10644.com) to pay online.

## **2018 Knights of Columbus Scholarships Awarded**



L-R: Fr. Mark Wagner, Frank Holmes (committee member), Larry Kjellberg (GK), Richard Braun (committee member), Ed Gamboa (scholarship chair), Al Toschi (PGK)  
Front Row: Sara Manning, Yeudith Valdovinos Not Present: Victor E. Mayoral Jr.

Ed Gamboa chaired the Scholarship Committee this year, taking the reins from longtime chairman, Don Cavagnaro. They awarded scholarships to Sara Manning, Yeudith Valdovinos and Victor E. Mayoral Jr. Each received a check for \$1,000 from the Kenneth L. Stedtfeld Sr. Scholarship Fund.

## **2018 Knight of the Year – Josey Samson**



# FATHER MARK'S MESSAGE

Dear brother Knights,  
In order to remain strong in the order, we must remain strong in the spiritual life. St. Paul says that the only way to have a strong spiritual life is to mortify the flesh: "If you live according to the flesh, you shall die, but if by the Spirit you mortify the deeds of the flesh you shall live." (Romans 8:12-17)

This is ironic because the word "mortify" means to "kill". St. Paul is saying that to have spiritual life we must "kill" or "control" the flesh. The "flesh" is an enemy of the spiritual life and must be killed. The saints of Middle Ages tell us that there are actually three enemies of the spiritual life: the world, the flesh and the devil. St. John of the Cross tells us how to overcome these three enemies.

It may seem overwhelming to have to fight against three enemies at the same time. But, St. John of the Cross reassures us that it is OK to concentrate on one at a time. He says, "Once one is weakened, the other two lose their grip."

St. John of the Cross gives very clear and specific descriptions of how to attack these enemies.

**The First Enemy: The World**  
St. John of the Cross says that the first enemy is the world. For St. John of the Cross, the world

consists in those things that scare us away from the spiritual life. He says that the "world" consists of three frightening beasts. St. John calls them "beasts", but perhaps we can think of them as three "bears", because they are three things that make the spiritual life seem "unbearable". Here are the "three bears":

The first "bear" is fear of losing our friends. We are afraid that our old friends will not like us anymore.

The second "bear" is fear of having to give up our comforts and pleasures. We are afraid we will not have any more fun or enjoyment.

The third "bear" is fear of criticism. We are afraid that people will make fun of us and call us names like "party pooper" or "holy roller."

To combat these three "bears", however, St. John of the Cross gives three "counsels" to protect us. We can think of them as three kinds of "bear spray" which can protect us from these three "bears" of the world:

Show love equally- We should try to love all persons equally, including people who are unpleasant and disagreeable and who are not our best friends and relatives.

Do not worry- We should not allow ourselves to worry about

things like food or clothing or future problems. (cf. Matthew 6:24-34)

Do not look around- Try not to be obsessed with the latest news, trends, fashions and gossip. Do not become upset by looking at people around you. Even if they seem like angels, do not try to compete. Even if they seem like devils, do not let yourself become scandalized, critical or judgment. Occupy yourself with your own affairs.

**The Second Enemy: The Flesh**  
For St. John of the Cross, the "Flesh" means all of our weakness, whether of body or soul. We suffer from concupiscence, which means that we are selfish and disordered. The "flesh" is our inordinate desires and sinful attachments to things like alcohol, drugs, lust, food and social media. We must detach ourselves from these things by practicing mortification. We must "mortify" or "control" our desires by practicing penance. In the apparitions of Lourdes and Fatima, there were repeated calls for "penance, penance, penance". Penance is self-renunciation for the sake of love. It means giving up things in order to show our love for God and to save sinners. If we love God and we want to more souls, we are willing to deny ourselves. **CONTINUED ON PG 5.**

## JOHN'S JOKES

### The Thief and the Parrot

Late one night, a burglar broke into a house that he thought was empty. He stealthily crept through the lounge and was stopped dead in his tracks when he heard a loud voice clearly saying, "Jesus is watching you!" Silence returned to the house, so the burglar crept forward again. "Jesus is watching you," the voice rang out again.

The thief stopped dead again. He was frightened out of his wits. Frantically, he looked all around. In a dark corner, he spotted a bird-

cage and in the cage was a parrot.

He asked the parrot, "Was that you who said, 'Jesus is watching me?'"

"Yes," said the parrot.

The burglar breathed a heavy sigh of relief and asked the parrot, "What's your name?"

"Ronald," said the bird.

"That's a stupid name for a parrot," sneered the burglar. "What idiot named you Ronald?"

The parrot said, "The same idiot who named the Rottweiler Jesus."

# CHANCELLOR'S MESSAGE

Brother Knights,

We had completed our Fireworks Booth Sales on 4th of July. It was a very successful event, as we raised funds to support American Heritage Girls (AHG) and Trail life Boys (TLB) of our parish.

Thanks to parents of AHG/TLB for supporting and covering the shifts seamlessly along with our Knight Brothers and their families. We received tremendous support from our Knights old and new.

Seeking Interest among our Knights and their children over 18 years of age to form a softball team: One of our new Knights, Alberto Valencia, is interested in forming a softball team. If you are interested in playing softball, possibly against other Councils, please contact Alberto Valencia at 510-417-6918.

**Chancellor  
Josey Samson**



## FATHER MARK'S MESSAGE CONTINUED

Anything can be a penance. Anytime we do what we do not feel like doing, or when we don't do what we feel like doing, it can be a form of penance. We can fast from food or from comfortable things. Our Lady of Fatima told the little children: "Make sacrifices for sinners... God is pleased with your sacrifices. John of the Cross emphasized, however, that the "the flesh" refers not only to the weaknesses of our bodies, but also to the weaknesses of our soul. "The flesh" can refer to all of our selfish desires, including the desires of our souls. It refers to the fact that some people have selfish cravings for things of the body, and other people have cravings for "spiritual highs." Some people only pray in order to have pleasant feelings and extraordinary experiences, and remarkable charisms. We should not always want to have "warm tummy feelings" when we pray. We should pray because we love God and not because of what we want from God. We should persevere in prayer even when God tests our love with periods of dryness and desolation (the "dark nights" of the soul).

The Third Enemy: The Devil

The Third enemy is the devil himself and his legions of demons who tempt us. The demons use the world and the flesh to tempt us. That is why St. John of the Cross says that this third enemy is the most difficult to "unmask." The devil tempts us by showing us the attractive things of the world and the flesh. It is hard to discern where and when it is the devil. We must develop the ability to discernment of spirits in order to know whether a temptation is coming from the devil or whether it is coming from our own weakness and our desires for the things of the world and the flesh.

We can be sure, however, that the devil is always lurking. At each of the stages of the spiritual life, he is there to tempt us. He wants to prevent us from advancing toward the final stage of the spiritual life, which is union with God in a "mystical marriage" (the "seventh mansion"). He tempts the beginner who is beginning to enter the first "interior mansions", and the also tempts the saintly soul who is advancing toward the last "interior mansions" where God dwells in the depths of this soul. The devil tries to stop us from taking "these seven steps of love." That is why St. John of the Cross compares the devil to the "seven-headed beast of the Apocalypse" whom we must fight "leaving the beast vanquished after destroying its seven heads..."

**Father Mark Wagner  
Chaplain and Pastor  
St. Joseph's**



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