



Knight Light Newsletter

GRAND KNIGHT'S MESSAGE

Brother Knights,

In these unusual times with this pandemic affecting our daily life, we have all had to make changes that we never dreamed in this lifetime. I am currently working from home and managing my business affairs by email, text and phone calls. I am truly thankful that technology of today (computer, cell phone, and printers) has allowed me to work and maintain my job. My entire family has felt the pain of this pandemic with some having been laid off, others waiting to see what happens, but we are safe and healthy.

Each day that this pandemic controls our life, I hurt for our community and nation of people who have been ill, lost their lives, laid off from their jobs and struggling to provide for their family and businesses. I think

about all of you Brother Knights and your family and hope that you are protected, healthy and safe. I pray each day that we soon hear less negative news and more positive that things are improving.

We can pray the light at the end of the tunnel will shine "BRIGHT" again and we can enjoy what life has to offer each day and night. Respect the "Stay At Home" rule to help this pandemic not spread.

As Brother Knights of Council # 10644, we could not meet in April 2020 to have our meeting and conduct our business. As this newsletter gets published, the officers did a Zoom Video Meeting to discuss who will be the officers for 2020-2021 and how to have an election if we cannot meet in May 2020. We are thinking ahead to 2020-2021 to host the initiation of the new officer's for June 5, 2020 and set the budget for this New Year.

One positive news, we took advantage of the

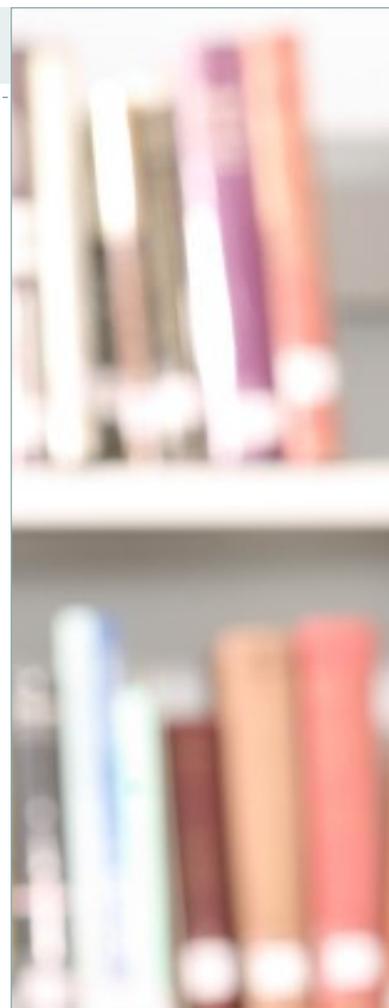
online exemplification event on April 16, 2020 and our Brother Knights new and existing moved to become 3rd Degree Knights. We will announce these members at our next meeting or publish in the newsletter.

We will keep you informed as we get information on changes to meet again.

Be safe, stay healthy and protect yourself and your family.



Yours In Christ;
Tim Matalone,
Grand Knight
gk@kofc10644.com



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SPECIAL POINTS OF INTEREST

- Spiritual Communion on Pager 9.

May 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 6:30 PM Officers' Meeting (cancelled)	5 7pm Members Meeting (cancelled) 5 de Mayo (Mex)	6	7	8	9
10 Mother's Day	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 Memorial Day	26	27	28	29	30
31						

BIRTHDAYS AND ANNIVERSARIES

Members' Birthdays

ras 5/19
 Joe Furtado 5/19
 John 5/19
 S.Malloy 5/5
 Norman Andrews 5/9
 Richard Goeken 5/10
 Donald Dedini 5/11
 Ted Hartman 5/11
 Ruben Sanchez 5/12
 Erik Jimenez 5/13
 Jesus Perez 5/14
 Roy Gordon 5/15
 Owen Kummerle 5/16
 Alberto Valencia Jr 5/16
 Francisco Payanes 5/18
 David Contre- 5/31

Wives' Birthdays

Angelina Ramirez 5/29
 Lucy Muñoz 5/1
 Belen Churilla 5/5
 Lisa Lucas 5/8
 Jackie Spengler 5/11
 Janice Keating 5/12
 Diana Poncini 5/14
 Lita Selover 5/17
 Beverly Sousa 5/18
 Barbara Brady 5/19
 Heidi Mendonca 5/20
 Marti Reed 5/20
 Anne Kramer 5/23
 Mary Marlette 5/23

Anniversaries

Eddie & Rachel Marmol 5/1
 Gary & Helen Moya 5/1
 Jesse & Maria Cristema 5/6
 Robert & Carol Luna 5/6
 Alfred & Darla Sierras 5/8
 Brian & Donna Healy 5/10
 Octavio & Shaundra Lopez 5/10
 Alex & Jennifer Richmond 5/10
 Brian & Kristin Archuleta 5/12
 Don & Janet Baker 5/15
 Wayne & Beverly Sousa 5/16
 Timothy & Susie Dickert 5/17
 Roger & Insa Duke 5/18

Leonard & Belen Churilla 5/19
 Michael & Lisa Ringer 5/22
 Ronald & Elaine 5/22
 Chris & Dawn Powers 5/26
 Robert & Jackie Spengler 5/27
 Tom & Martha Fernandez 5/28
 Dr. Douglas & Elaine Beaumont 5/29
 Daniel & Sandy Fitzgerald 5/31



JOHN'S JOKES



Riddles:

Q: What has a foot but no legs?

A: A snail _____

Q: Poor people have it. Rich people need it. If you eat it you die. What is it?

A: Nothing _____

Q: What comes down but never goes up?

A: Rain _____

Q: I'm tall when I'm young and I'm short when I'm old. What am I?

A: A candle _____

Q: Mary's father has 5 daughters – Nana, Nene, Nini, Nono. What is the fifth daughters name?

A: If you answered Nunu, you are wrong. It's Mary! _____

Q: How can a pants pocket be empty and still have something in it?

A: It can have a hole in it. _____

Q: In a one-story pink house, there was a pink person, a pink cat, a pink fish, a pink computer, a pink chair, a pink table, a pink telephone, a pink shower– everything was pink!

What color were the stairs?

A: There weren't any stairs, it was a one story house! _____

Q: A dad and his son were riding their bikes and crashed. Two ambulances came and took them to different hospitals. The man's son was in the operating room and the doctor said, "I can't operate on you. You're my son."

How is that possible?

A: The doctor is his mom! _____

Q: What goes up when rain comes down?

A: An umbrella! _____

Q: What is the longest word in the dictionary?

A: Smiles, because there is a mile between each 's' _____

Q: If I drink, I die. If i eat, I am fine. What am I?

A: A fire! _____

Q: Throw away the outside and cook the inside, then eat the outside and throw away the inside. What is it?

A: Corn on the cob, because you throw away the husk, cook and eat the kernels, and throw away the cob. _____

(taken from funology.com)



PRAYER MESSAGE

Brothers and Family;

God willing you continue to be safe and healthy. Join us in prayer that this Virus is eliminated and that our Temples open soon. I am sure everyone is like me and in need of Reconciliation and the Holy Eucharist, not to mention visit our Lord in the Adoration Chapel. May God hear our request and the petition from Our Mother La Virgen de Guadalupe.

God Bless You brothers and Family and God willing we will see each other soon.

Happy Mother's Day to all the Moms especially mine. For all her prayers that her son may return to God. Love You Mom!

(please don't forget to scroll down for this month's prayer request)

(As I am sure we all know, our Adoration Chapel is closed until further notice. But as soon as it is opened again, we will continue our schedule as always)

Have you been to the Adoration Chapel lately? Remember you can join us on Monday mornings from 11-12 PM or Thursdays from 8-9 PM. All are welcomed to join us at either or both these times. Please, wear your Knight Gear so we can let parishioners know that we are also about praying and not just charity.

Don't forget, Brothers, if you or a family member have fallen ill in the hospital, a care home, or your own home, we encourage you to contact our Knights' Prayer Group and we will gladly visit you to bring comfort, support and prayer. Or if you just need a prayer, or an email "blast". Please do not hesitate to contact us at prayers@kofc10644.com with your name, phone number and your prayer request. Or you may call Brother Everardo cell phone at (661) 421-6712. (At this time I am out of the Country and cannot get phone calls. The best way to reach me is via email.)

(If you need any assistance or know of an elderly person needing assistance don't hesitate to let your Officers know by replying to this email or at prayers@kofc10644.com

God willing you will not need our services soon, but when the time does come, do not hesitate to contact your Knight's Prayer Group. If you hear God's calling and would like to join our Prayer Group, you are welcomed and encouraged to do so. We are open to all our Brother Knights from Council #10644. Please spread the word to our fellow Brothers and family members. Don't forget to pick up a business card with our infor-

mation to keep in your wallet. The cards are located in the cash box with Brother Cliff or Brother Everardo has them on hand.

May Prayer Requests:

Brother Cliff Judd, Brother Jim Galuppi, Brother Roy Gordon's Wife (RIP) Melinda, Brother Adrian Pino's Wife (RIP) Priscilla, Brother Leonard Churilla and all our older Brothers and Family living and deceased.

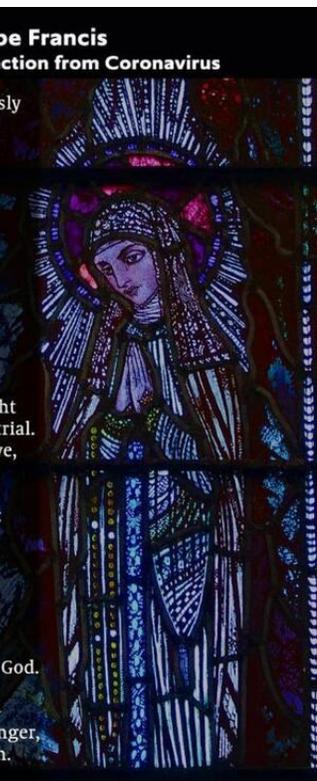
Thank You Brothers, may you and your family continue to be safe and healthy.

God Bless YOU Always.

Vivat Jesus!

Pope Francis
Prayer for protection from Coronavirus

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas - we who are put to the test - and deliver us from every danger, O glorious and blessed Virgin.



Praying for you;
Everardo Ramirez, Recorder
If you have or know of any updates or other prayer requests, please let me know at prayers@kofc10644.com



CHAPLAIN MAY MESSAGE

As the month of April turns to the month of May, we continue with our current reality of shelter-in-place. Some of us have created new habits, which help us continue onward. Many continue to struggle with being at home, not being able to work or having to figure out how to work from home. Others are still working on being the primary teachers for their children and/or grandchildren online. All of this while business are closed, unemployment is high, and our politicians continue to bicker about who to blame for the entire situation. The entire situation seems negative, negative, negative!

But, as Catholic Christians, we are an Easter people. What does that mean exactly? It means that from the worst possible experience in history, the death of Jesus Christ, we have found our greatest glory. The passion and death of Jesus allowed us to be freed from sin, to have access to heaven and eternal life. There are things that I have observed that lead me to believe that the same is possible with everything that is happening with COVID-19.

Yes, this a horrible situation. Many continue to struggle financially, emotionally, and spiritually. At the same time, all of what is going on has forced many of us to slow down and spend more time with families. I am one of those who used to go from work to meeting, from meeting to another task, maybe having the time to sit down and eat a meal with my family once a week. Everything was rush, rush,

And now? Now we eat most meals together. We pray more together. We walk together. And I have heard many others say the same. When my family and I go for a walk together, we see more families walking than ever before. In my conversations with other men, more and more mention how much they enjoy spending more time with their families.

And that is just with the family members with whom I live. We are also connecting more than we ever have with family members who are far away. My wife's sisters used to communicate with her maybe once a month. Now, they are connecting via Alexa once a day. And one of them has organized once a week Zoom meetings with all of the cousins. At one of them, there were 17 different households connected to check in on each other. That NEVER used to happen.

Research has shown for years how important spending time with our families is: praying together, eating together, just spending time together is good for our short- and long-term mental health. School success has a direct correlation with eating meals together! Children are happier when they spend more time with their families. Couples stay together longer when they spend time together. Those are all positive things, but yet, before the virus changed our day to day actions, many of us weren't following through on those actions. Maybe God is allowing the negativity to remind us of what is truly important. Our priorities

are supposed to be God, family, and then everything else.

The big questions at this point are: what is going to happen once we aren't sheltering in place any longer? Are we going to go back to our hectic lives? Are we going to be as busy as we used to be? And not spend the beneficial time with our families? I don't know the answer to those questions. My hope is that we all will find a way to have balance in our lives, to work and be busy while still remembering how important it is to spend time together, to pray together, to eat together, to love each other. I know that I am going to try and pray that you do the same.



God bless!
Richard Braun
Installed Acolyte,
Wannabe Deacon, and
Composer of
Chaplain's Message

FINANCIAL SECRETARY MAY MESSAGE

Greetings Brother Knights;

Here we are in the middle of April (as I am writing this article) and fighting a pandemic named coronavirus. Please Be Safe! We are winding down the collection of dues and the second notice went out 3 weeks ago. If you have not paid your dues, please do so now. And to those who have already paid, Thank You Very Much!

Brother Cliff and the team at St. Vincent de Paul ministry are working diligently. Brother Cliff has reported that they are giving out 100 bags of food twice a week, on Tuesdays and Thursdays. Clients drive up and remain in their vehicles while the bags are put in their trunks. If you can please help,
WE ARE IN NEED OF CANNED TOMATOES OR SAUCE, CANNED SOUP OR BROTH AND CANNED TUNA.

In the last four weeks, I have prayed the Rosary and gone to mass more that I think I have ever done in a four week time frame from the convenience of my home. Some of the things I really miss, is the personal contact with my brothers, friends, communion and confession (not in that order).

The following was originally posted in a special bi-weekly edition of the Knightline, a resource for K of C leaders.

(His final hours gives us cause for reflecting on our own lives)

"Father, forgive them, for they know not what they do". (Luke 23;24)

"Amen, I say to you, today you will be with me in Paradise" (Luke 23;43)

"Woman, behold your son...Behold your Mother". (John 19; 26-27)

"My God, My God, why have You forsaken me?" (Mat 27;46, Mark 15;34)

"I Thirst." (John 19; 28)

"It is finished." (John 19; 30)

"Father, into thy hands I commend my spirit!" (Luke 23; 46)

"HE IS RISEN! HE IS RISEN INDEED!"

When we say these words, we are both affirming a historical fact and proclaiming a great mystery. It is a fact that at a particular time and in a particular place, Jesus was unjustly condemned, brutally put to death, anointed and buried and three days later rose from the dead. This we profess every Sunday. It Happened! And everything that we believe, not just about our religion but about the entire universe, stems from it. As St. Paul says,

"If Christ has not been raised, our preaching is useless and so is our faith" (1Cor 15:14).

IN GODSPEED!

May He Bless You and Your Family.

Happy Mother's Day to all the wonderful Moms God Bless You!

**Yours in Christ;
Financial Secretary,
Doug S. Johnson**

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CHANCELLOR'S MAY MESSAGE

THE IDEAS OF MARCH/ APOCALYPSE?

They say March winds are a time of change, but who have thought that March would be such an eventful and crazy month? By the beginning of March there was already concern about the Corona Virus in Wuhan, China spreading to other areas. The months of February and March in California seem to have been reversed, with warmer temps in February and no rain, to cooler temps in March, with much needed rain finally coming in April.

From my own perspective, on Thursday March 12th I woke up with my head spinning like a merry-go-round. I stumbled and nearly fell a few times while groping my way to the bathroom. I thought that once I settled in my massage chair in the dining room and sipped some black coffee, I would be alright. But, that did not happen. Instead, I was sweating profusely and felt nauseous. I thought, "Is this what a heart attack feels like?" I realized that I needed to tell someone but glancing out my front window my neighbor's car was gone. So, I decided to call my friend Steve in Manteca, as we were scheduled to go together to Livermore to take photos of the Veterans Hospital Library for the story I was working on regarding book donations to the Veterans Hospitals.

Steve told me to stay put while he called an ambulance. Within ten minutes I was whisked off to Doctors Medical Center emergency ward for many tests and CT Scans. Eventually, the heart specialist and other doctors told me that I did not have a "Stroke" but it looked like acute vertigo and I had a blood clot in my lungs, which could be treated. I was moved to a different ward and finally to a private room for treatment. After four days I was sent to Convalescent Home for fifteen days of therapy. It was cold and wet that day so my friend

Dale took me home to get a jacket and change of clothing before going to Hyland.

The room was waiting for me when I arrived. I had it to myself for four days until another patient arrived from the hospital. The nurses and aides were very kind and helpful but the food was worse than any I have ever had in any hospital. The chicken and fish were blander than I was used to, although that was OK, but I suspected that the cooks went out of their way to transform perfectly good vegetables into horrible tasting mush. I don't see how one could get any vitamin benefits. Perhaps that is why they feed one with so many pills and capsules. I felt like a walking medicine cabinet. Not that I could walk, mind you, as I was told I could only use the walker and had to wait for someone to take me to the therapy room for exercises, which happened occasionally. In addition to the problems, I found myself having to use the restroom more times than I had desired. With my roommate having a lot of issues and the two ladies in the room on the other side of the restroom I felt I needed and appointment to use it.

Whoever called it a "rest home" must have had a twisted sense of humor as that was about the last thing I could get there. Due to the Corona Virus we were not allowed any visitors. However, during the day the building was swarming with employees doing all kinds of work.---doctors, nurses, administrators, social workers, aides, therapist, cooks, cleaners and blood takers in white uniforms with masks resembling vampires. It was a circus everyday. The commotion settled down after the evening meal when most employees went home.

Before midnight it got rather creepy. Some patients were howling from their rooms, "HELP" and other terms of distress. Oc-

asionally an ordinary patient would go wheeling down the aisle yelling obscenities and demanding attention. On top of that, duty personnel at the nurses station seemed to be watching TV with loud voices booming. And one could hear the "ping pong" of someone's IV hookup going off. Then, there were the aides who seemed to wait until I finally fell asleep to wake me up for blood pressure check or medication. I tried to stay awake past 11 p.m. so they would take care of this before I went to sleep but inevitably they waited until I was finally sound asleep. I suspected they do this to see if patients are still alive. One helpful task is that they empty the urinals so they don't get too full. My roommate had several "accidents" while using one and summoned an aide to get his clothes and linen changed almost every night.

When I was brought home 15 days later, it was difficult getting to sleep, due to the absence of noise. It reminded me of when I returned home after a nine month deployment aboard the aircraft carrier USS Enterprise, where night flying operations were the norm at sea. Now, I must try to recover at home with nurses and therapist coming occasionally to help me back to "normalcy."



**Leonard Churilla
(Editorial)**

DEPUTY GRAND KNIGHTS MAY MESSAGE

JESUS HAS RISEN!

He has truly risen and is alive.

Happy Easter To All!

As I begin writing this article the pandemic of the virus continues. It appears that God is still waiting for Man's Free Will to do our part for His intervention. Hopefully we are all continuing our Spiritual Communion with Jesus and Social Distancing of 6 feet so that the virus may not reach us if it leaves another.

Our lives today were not imaginable during Christmas some months ago. The skies without planes, offices closed, everyone at home. Physical interactions in public spaces are replaced by virtual interactions in private. Churches closed all over the world by the order of Civil authorities. Still the Holy Eucharist is celebrated in private by our Priest in the empty temples, including our Pope is celebrating mass without the Congregation present. The term being used for all of this is "Social Distancing"

According to an article recently published in New Scientist, it means. Reducing your rate of contact with other people, avoiding public spaces and unnecessary social gatherings and separating yourself from people you live with as much as possible. This new reality feels radically different for me. But is it really different?

I would say that our new generation has been practicing social distancing for years since the invention of cellphones and text messaging. Some of us from the older generation who mostly are retired have been also dragged into all this by our children. Well it is a quick, efficient and convenient way to communicate.

Numerous studies indicate that the declines in non-virtual social interaction increases loneliness, anxiety and depression. These studies collaborate this trend with the use of cell phones. Most of us most likely agree that Social Media is reshaping on how we define ourselves, form relationships and join groups of friends. The bond that would hold family and communities together appears to be ending. Human Beings are becoming like social animals and we need togetherness. As Aristotle said "even when they do not need each other's assistance they desire no less than to live together"

The virtual kinds of togetherness that Social Media provides us is different and thinner than those we experience in everyday physical interaction.

We need Social Interaction not Social Distancing in our society for its members to remain healthy. When we raise our eyebrows in recognition of a coworker, give a friends shoulder an encouraging squeeze or a hug to someone, we establish our position in social space and calibrate our sense of self response to other reactions. Absent of these, we begin to fall apart. Ironically, many of the things we are doing now in the name of Social Distancing are getting us back together but not in the way we used to. But in ways that integrate both physical and virtual in a new configuration that we may find useful after the current crisis is over.

Thank you Brothers and Family. Please remain safe and healthy and hope to see you soon. And God Bless all the Mothers and Have a wonderful Mother's Day.

Sincerely Yours in Christ,
Josey Samson
Deputy Grand Knight
dgk@kofc10644.com



LECTURER'S MAY MESSAGE

SPIRITUAL COMMUNION

+In the Name of the Father, and of the Son, and of the Holy Ghost. Amen.
Our Father....

COLLECT

Let the power of the Holy Spirit come upon me, O Lord, I beseech thee: that he may both mercifully cleanse my heart and defend me from all adversities. Through Christ our Lord. Amen.

THE EPISTLE (REVELATION 3:20)

Behold, I stand at the door and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me.

THE GOSPEL (ST. JOHN 15:5)

I am the vine, ye are the branches. He that abided in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

Take a moment to think of the failures of the past week: recall any sins you have committed since your last Communion and offer them to Christ.

ACT OF CONTRITION

O God, I am very sorry that I have sinned against thee who art so good. Forgive me for Jesus' sake, and I will try to sin no more.

ACT OF RECEPTION

In union, dear Lord, with the faithful at every altar of thy Church where they blessed Body and Blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

Come Lord Jesus, dwell in thy servant in the fullness of thy strength, in the perfection of thy ways, and in the holiness of thy spirit, and rule over every hostile power in the might of thy Spirit, and to the glory of thy Father. Amen. May the Body and Blood of our Lord Jesus Christ preserve my body and soul unto everlasting life. Amen.

ACT OF PRAISE AND THANKSGIVING

+Blessed, praised, and adored be Jesus Christ on his throne of glory in Heaven, and in the most Holy Sacrament of the Altar. Amen.

ANIMA CHRISTI

Soul of Christ, sanctify me;
Body of Christ, save me;
Blood of Christ, inebriate me;
Water from the side of Christ, wash me;
Passion of Christ, strengthen me;
O good Jesus, hear me;
Within thy wounds hide me;
Suffer me not to be separated from thee;
From the malicious enemy defend me;
In the hour of my death call me;
And bid me come to thee.
That with thy Saints I may praise thee for ever and ever. Amen.

+In the Name of the Father, and of the Son, and of the Holy Ghost. Amen.

God Bless You Brothers and Family, In these sad "lockdown" times I wanted to share with you the Spiritual Communion. Since we cannot receive our Lord physically we can receive Him spiritually. I pray this prayer has helped you like it has helped me.

Happy Mother's Day to all the wonderful Mothers. God Bless You Always. .

Your in Christ;
Richard Goeken, Lecturer
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